



LARKEN ASSOCIATES INKS LEASE WITH MENTAL HEALTH AND COUNSELING PRACTICE AT MONTGOMERY COMMONS

PRINCETON, NJ, July 2, 2026 — Larken Associates, a leading full-service commercial and residential real estate firm, announces a new 2,012-square-foot lease with The Center for Therapy and Counseling Services at Montgomery Commons, located on Applegate Road off Route 206 in Princeton, New Jersey. Rob Marek, Executive Vice President of Larken Associates' Commercial Division, represented the firm, and Giancarlo Benitez of Real Broker LLC, represented the tenant in the transaction.

The Center for Therapy and Counseling Services provides individual, couple, and family therapy along with counseling on demand, therapy groups, and psychiatric services for clients of all ages and backgrounds. The practice offers both in-person and virtual sessions with flexible scheduling, including evenings and weekends, and maintains specialized programming spanning autism support, adult trauma care, and workplace mental health. Its new suite at Montgomery Commons will expand access to in-person care for clients throughout the Princeton area and central New Jersey.

Montgomery Commons is a nine-building complex of classic, red brick one- and two-story medical and office buildings designed in the colonial Williamsburg style. Situated just north of downtown Princeton and less than a mile from Princeton Airport, the property features built-to-suit suites with private bathrooms and kitchenettes, separate utilities, and 219 on-site parking spaces. Its newly renovated Premier Series Suites feature upgraded flooring, countertops, cabinets, and lighting, and the property sits within close proximity to a variety of hotels, restaurants, banking, shopping, and retail services.

"As providers increasingly shift care delivery from traditional hospital campuses to community-based offices, we're seeing demand for premier and easily accessible medical office space continue to grow," said Marek. "Montgomery Commons is exactly the kind of setting that supports this shift, and The Center for Therapy and Counseling Services is a perfect example of a provider meeting clients where they can feel most comfortable."

Melissa Higgins, LCSW, Founder and CEO of The Center for Therapy and Counseling Services, added, "We are a trusted, values-driven, and clinically integrated therapy home with real relationships, specialty programs, a community presence, and continuity of care. We are very excited to have our new office at Montgomery Commons and continue to provide our patients with personalized care."

Two suites, at 830 and 1,260 square feet, are currently available for lease at Montgomery Commons. To learn more the available suites, please contact Rob Marek at 908-874-8686 or RMarek@Larken.net, and visit <https://bit.ly/MontgomeryCommons>.

About Larken Associates

Larken Associates is a leading full-service commercial and residential real estate firm based in Branchburg, New Jersey. Leveraging 60 years of experience, their long-term ownership strategy and full suite of in-house capabilities brings great spaces to live and work to life. Across a diverse commercial portfolio spanning nearly four million square feet and 1,200 tenants across office, industrial, retail and mixed-use properties, and approximately 3,000 residential units across 20 unique communities with another 1,500 in the development pipeline, Larken Associates is deeply committed to the communities in which they work as well as the tenants and residents who call their buildings home. To learn more about Larken Associates, please visit us at <https://www.LarkenAssociates.com> and follow us on LinkedIn, Facebook, X and Instagram.